



## Open Mic: Stories and Toasts - Sharing of Stories and Perspectives

# Welcome!

We are seeking a dozen funny, powerful, and/or heartbreaking stories at the Second Annual Central Bucks West Stories and Toasts. Are you a public school, private school or home-schooled student in a grade between 9 and 12? Did you ever open your heart or experience something that made you see the world or an issue in a different way?

Enjoy uniquely human stories at this open mic competition, or better yet, tell one of your own. This year the open mic will be virtual, from the comfort of your home...but in a nice quiet room.

✓ **THE TWIST:** Decisions Driven by the 4-Way Test - WHAT IS the 4-Way Test?

Here is the twist: You must fit your story into the guidelines of the 4-way test, a set of questions which help people in all walks of life make good decisions. These ask:

- 1) Is it true?
- 2) Is it fair to everyone?
- 3) Will it build goodwill and better friendships?
- 4) Will it be beneficial to all concerned?

And, your speech must have solid organization and be between 5 and 7 minutes in length. **An outline/summary will be required in Frau's hands/computer by Friday, January 22<sup>nd</sup> 2021, sundown. An official contest application/mini- biography must be submitted by Friday, January 29<sup>th</sup>, 2021.**

✓ **Topics may include:** Heartbreak, Love, Bamboozled, Defeating, Success, Mother Earth, On the Field, Embarrassed, Caught in the Act, Meditation/Relaxation in School, Should Graffiti be considered Art, Your own idea, and these should always be

✓ **School Appropriate.**

Search ["4-Way Speech Contest 7430 Videos"](#), links are left in the index!

## **Advice to speakers:**

1. **Tell the truth, but tell it slant. Where to begin, where to end, and what it meant to you.**
2. **Open your mouth and speak.**
3. **Don't forget to say thank you so people know when to clap.**
4. **Don't just have a vague idea and ramble; think it through.**
5. **Humor is okay.**
6. **We are all storytellers but you need to organize the stories you know and tell into a relevant piece.**

## **What's in it for ME?**

**What's in it for you?**

**Prizes include \$150, \$100, and \$50 cash to the top 3 winners and \$20 gift cards to local shops like Siren Records, Doylestown Bookstore, Starbucks, Nina's Waffles and more to all other participants who met deadlines and fulfilled requirements.**

**The top three contestants have the opportunity to move on to the next level of virtual competition at the Doylestown Rotary Club on March 10<sup>th</sup>, 17<sup>th</sup>, March 24<sup>th</sup> (TBD) 2021. This presentation is also judged by compassionate, caring community members and offers \$500 to the first place winner.**

**You get to practice public speaking. You can network with adults who love to help youth. You can surprise yourself by the sage on the stage that you may be and even add something really unique to your resume.**

## **So what's Next?**

**Over the next week, get motivated. Think about the idea that has been circulating in your brain. Write it down. Develop it.**

**Final Prep Meeting on Friday, 2/5/2021 on TEAMS at 2:50 pm virtually "at Central Bucks High School – West."**

**Attend for info, bring a snack, bring all submission forms that are outstanding.**

**Open mic date (tentatively) the 19<sup>th</sup> of February, 2:50 – 4:00 pm.**

**Frau's e-mail: [istannik@cbsd.org](mailto:istannik@cbsd.org)**

**Address: (Teaching from Home)  
Room B209 (Ms. Sidorski, Room Aid)  
375 W. Court St.  
Doylestown, PA 18901**

***New year, new adventures!***

**DATES to REMEMBER:**

**1/22 – Outline/Summary of speech to Frau electronically**

**1/29 - Application to Frau electronically**

**2/5 - Organizational Meeting on TEAMS  
2:50 – 3:30 pm; request a link from Frau**

**2/19 - Open Mic on TEAMS 2:50 – 4:00 pm**

**3/17 or 3/24 TBD Club Speech Contest  
6:00 – 7:00 pm on Zoom!**

**4/17 - Regional Contest**

**5/1 - District Finals in the Poconos**